

Pre-Play Curriculum (Beacon Ideal Institute– Academic Year 2025)

School Year Structure:

- **Two Semesters:**
 - **Semester 1:** January – June (6 months)
 - **Semester 2:** July – December (6 months)
 - **Ramzan (March) is a holiday**, and the school remains closed.
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Semester 1: January – June

(Winter, Spring, and Summer Seasons)


Theme 1: Islamic Identity & Everyday Sunnah (January – Mid February)

◆ **Activity: “Bismillah & Alhamdulillah Action Game”** – Jump, clap, or spin when saying phrases.

◆ **Activity: “As-Salamu Alaikum Relay”** – Run to greet a friend, shake hands, and pass a ball.

◆ **Activity: “Dress Like a Muslim”** – Try on traditional Islamic clothing.

◆ **Activity: “Masjid Builders”** – Use blocks to construct a pretend masjid.

● **Cultural Element:**  **“Winter Sunnahs”** – Mimic wearing warm clothing, drinking warm milk, and huddling for warmth.

Theme 2: Allah’s Creation & Outdoor Exploration (Mid-February – Mid March)

- ◆ **Activity: “Nature Walk of Allah’s Creation”** – Find leaves, flowers, and animals.
- ◆ **Activity: “Animal Movements”** – Hop like a rabbit, walk like a duck.
- ◆ **Activity: “Sun & Moon Game”** – Walk as the sun, freeze as the moon.
- ◆ **Activity: “Water Fun Like Rain”** – Splash in small water bins.
- **Cultural Element:** ☒ **“Spring Festival Without Innovations”** – Enjoy flowers, fruits, and gratitude walks without non-Islamic elements.

March – School Closed for Ramzan

Theme 3: Strength, Play & Sunnah Sports (April – May)

- ◆ **Activity: “Sahaba Strength Training”** – Running, climbing, jumping.
- ◆ **Activity: “Archery & Aim”** – Throw beanbags at a target.
- ◆ **Activity: “Camel Walk & Horse Ride”** – Walk low, gallop high.
- ◆ **Activity: “Water Relay Like Zamzam”** – Pour water from one cup to another.

- **Cultural Element:**
- ☒ **“Pre-Monsoon Adventure”** – Walk outdoors, feeling the wind and experiencing changing weather.

Theme 4: Good Manners & Helping Others (June)

- ◆ **Activity: “Helping Hands Game”** – Act out kindness gestures.
- ◆ **Activity: “Sharing Toy Swap”** – Take turns giving and receiving.
- ◆ **Activity: “Big Hearts, Big Hugs”** – Show love with hugs and high-fives.

◆ **Activity: “Patience Freeze Challenge”** – Stay still for longer times to practice self-control.

● **Cultural Element:** ✓ **“Summer Sunnah Foods”** – Taste watermelon, cucumbers, and share fresh juice.

Semester 2: July – December

(Monsoon, Autumn, Late Autumn, and Winter Seasons)

Theme 5: Wudu, Prayer & Masjid Manners (July – August)

◆ **Activity: “Wudu Water Play”** – Splash water while pretending to wash body parts.

◆ **Activity: “Prayer Position Freeze Dance”** – Move through salah postures.

◆ **Activity: “Masjid Walk & Quiet Time”** – Pretend masjid visit, practice whispering.

◆ **Activity: “Adhan & Echo”** – Call and repeat Adhan sounds.

● **Cultural Element:** ✓ **“Monsoon Rain Play”** – Listen to raindrops, walk under umbrellas, and make dua for beneficial rain.

Theme 6: Stories of the Prophets (September – October)

◆ **Activity: “Prophet Nuh’s Ark”** – Balance on a pretend boat.

◆ **Activity: “Prophet Musa’s Sea Split”** – Run between blue fabric waves.

◆ **Activity: “Prophet Yusuf’s Kindness”** – Act out helping others.

◆ **Activity: “Kaaba Builders”** – Build Kaaba models with boxes.

● **Cultural Element:** ✓ **“Autumn Leaves Walk”** – Observe the beauty of nature while thanking Allah.

Theme 7: Hajj, Gratitude & Unity (November – December)

- ◆ **Activity: “Tawaf Walk”** – Walk in circles around a pretend Kaaba.
- ◆ **Activity: “Running between Safa & Marwa”** – Back-and-forth relay.
- ◆ **Activity: “Pebble Toss (Jamarat)”** – Throw soft balls at a target.
- ◆ **Activity: “Ihram Dress-Up”** – Wrap in white cloth.

● **Cultural Element:** ✓ **“Eid Party & Dress-Up”** – Parade in Eid clothes and share pretend gifts.

Additional Weekly Sunnah Activities:

- ✓ **Walking to the Masjid Together** – Short outdoor walks.
 - ✓ **Helping Parents Pretend Play** – Act out helping at home.
 - ✓ **Loving Animals Like the Prophet** – Pretend to feed and care for toy animals.
 - ✓ **Sunnah Sports Day** – Running, jumping, and friendly races.
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This structured **semester-based Pre-Play Curriculum** ensures:

- ✓ **Islamic identity development**
- ✓ **Physical activity & engagement**
- ✓ **Action-based, no reading or writing**